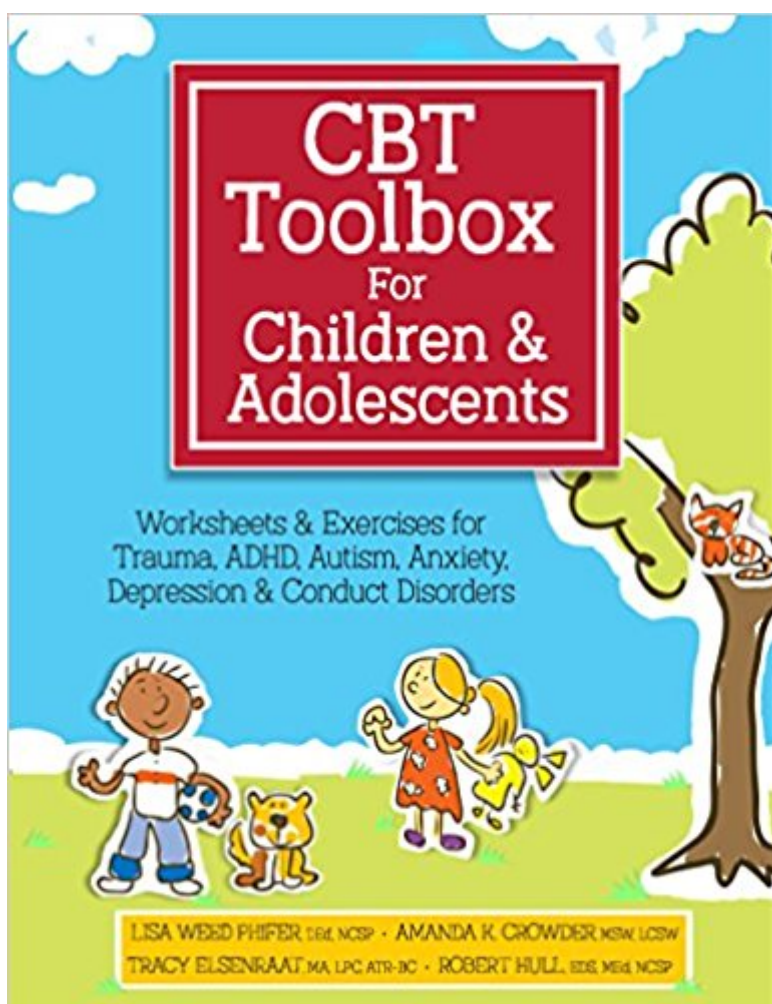


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# CBT Toolbox For Children And Adolescents: Over 220 Worksheets & Exercises For Trauma, ADHD, Autism, Anxiety, Depression & Conduct Disorders





## Synopsis

The CBT Toolbox for Children and Adolescents gives you the resources to help the children in your life handle their daily obstacles with ease. Written by clinicians and teachers with decades of experience working with kids, these unique and effective therapy tools are vital to teaching youth how to cope with and overcome their day-to-day struggles. Step-by-step, you'll see how the best strategies from cognitive behavioral therapy are adapted for children to treat: - Trauma - ADHD - Autism - Anxiety - Depression - Conduct Disorders

## Book Information

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## Customer Reviews

Lisa Weed Phifer, DEd, NCSP, is a Nationally Certified School Psychologist whose work has focused on facilitating student engagement, trauma informed education practices and advocating for the mental health needs of the students. Amanda K Crowder, MSW, LCSW, is a licensed social worker, who has created evidence-based interventions from CBT, mindfulness and solution focused therapy to improve client and family engagement, and accomplish therapeutic goals with the most challenging children, adolescents and families. Tracy Elsenraat, MS, LPC, ATR-BC, has served and assisted with various community outreach committees promoting family safety and healthy child development. She provides nationwide presentations on child development, child abuse, neglect and trauma. Robert Hull, EDS, MEd, NCSP, is an expert in implementing evidence-based practices into practical, easy to implement strategies that lead to desired outcomes. He has helped thousands of educators by implementing reforms in the areas of dis-proportionality, evidence-based practices

and educating traumatized children.

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